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| **ONTARIO-Based Organizations** | | |
| **Pregnancy and**  **Infant Loss (PAIL) Network** | Organization of volunteers who support families who have experienced pregnancy and infant loss. They provide education, resources for families, peer support groups online, in person, and 1 to 1 support. | [www.pailnetwork.sunnybrook.ca/](https://pailnetwork.sunnybrook.ca/) |
| **Ontario Health - Quality** | Questions and information for families and professionals to support people experiencing early pregnancy complications and loss | Direct link to Patient Guide: <https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-early-pregnancy-complications-and-loss-patient-guide-en.pdf>  Direct link to Entire Guide: <https://www.hqontario.ca/evidence-to-improve-care/quality-standards/view-all-quality-standards/early-pregnancy-complications-and-loss> |
| **Additional Item** | Description here | Website address here |

Resources for Patients and Families

Experiencing an Early Pregnancy Loss (EPL)

***\*\*Fill in with organizations in your community that support EPL patients\*\****

| **Organization** | **DESCRIPTION** | **WEBSITE** |
| --- | --- | --- |
| **Community-Based Organizations** | | |
| **Grief Support** | Description here | Website address here |
| **Mental Health Resources** | Description here | Website address here |
| **Walk-In Counselling Clinics** | Description here | Website address here |
| **Indigenous Resources** | Description here | Website address here |
| **2SLGBTQ+ Resources** | Description here | Website address here |
| **Local Events for Pregnancy Loss** | Description here | Website address here |
| **Public Health Unit** | Description here | Website address here |
| **Additional Item** | Description here | Website address here |
| **Additional Item** | Description here | Website address here |

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| **CANADA-Based Organizations** | | |
| **Pregnancy and**  **Infant Loss Support Centre** | Providing crisis support and ongoing support (by text, online, or by phone) to bereaved parents. Based out of Calgary but supporting the loss community worldwide. | [www.pilsc.org](https://www.pilsc.org/)  or text 1-888-910-1551 |
| **Hope Box Canada** | Register to have a free, Christian faith-based care package delivered to your door. | [www.hopeboxcanada.ca](http://www.hopeboxcanada.ca/) |
| **Pregnancy and**  **Infant Loss**  **Awareness Day** | The October 15th campaign raises awareness, provides resources and information, and hosts events for families who have experienced a pregnancy or infant loss. | [www.october15.ca](http://www.october15.ca/) |
| **PregnancyED** | Website with information and resources for anyone experiencing early pregnancy bleeding and/or loss, with specific information on what to expect and when to go to the Emergency Department. | [www.pregnancyed.com](http://www.pregnancyed.com/) |
| **Now I Lay Me Down to Sleep (NILMDTS)** | Remembrance photography and/or professional retouching  of photographs, provided by local photographers. Usually for 22 weeks gestation and greater; some exceptions apply. | [www.nowilaymedowntosleep.org](http://www.nowilaymedowntosleep.org/) |
| **Additional Item** | Description here | Website address here |

Resources for Patients and Families

Experiencing an Early Pregnancy Loss (EPL)

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***\*\*To print to a PDF, select “Save as PDF” from your printer list choice and save to your documents\*\****

**NOTES:**