

# Resources for Patients and Families Experiencing an Early Pregnancy Loss (EPL)

**\*\*Fill in with organizations in your community that support EPL patients\*\***

ORGANIZATION	DESCRIPTION	WEBSITE
<b>COMMUNITY-BASED ORGANIZATIONS</b>		
<b>Grief Support</b>	Description here	Website address here
<b>Mental Health Resources</b>	Description here	Website address here
<b>Walk-In Counselling Clinics</b>	Description here	Website address here
<b>Indigenous Resources</b>	Description here	Website address here
<b>2SLGBTQ+ Resources</b>	Description here	Website address here
<b>Local Events for Pregnancy Loss</b>	Description here	Website address here
<b>Public Health Unit</b>	Description here	Website address here
<b>Additional Item</b>	Description here	Website address here
<b>Additional Item</b>	Description here	Website address here

<b>ONTARIO-BASED ORGANIZATIONS</b>		
<b>Pregnancy and Infant Loss (PAIL) Network</b>	Organization of volunteers who support families who have experienced pregnancy and infant loss. They provide education, resources for families, peer support groups online, in person, and 1 to 1 support.	<a href="http://www.pailnetwork.sunnybrook.ca/">www.pailnetwork.sunnybrook.ca/</a>
<b>Ontario Health - Quality</b>	Questions and information for families and professionals to support people experiencing early pregnancy complications and loss	Direct link to Patient Guide: <a href="https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-early-pregnancy-complications-and-loss-patient-guide-en.pdf">https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-early-pregnancy-complications-and-loss-patient-guide-en.pdf</a>  Direct link to Entire Guide: <a href="https://www.hqontario.ca/evidence-to-improve-care/quality-standards/view-all-quality-standards/early-pregnancy-complications-and-loss">https://www.hqontario.ca/evidence-to-improve-care/quality-standards/view-all-quality-standards/early-pregnancy-complications-and-loss</a>
<b>Additional Item</b>	Description here	Website address here

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<b>CANADA-BASED ORGANIZATIONS</b>		
<b>Pregnancy and Infant Loss Support Centre</b>	Providing crisis support and ongoing support (by text, online, or by phone) to bereaved parents. Based out of Calgary but supporting the loss community worldwide.	<a href="http://www.pilsc.org">www.pilsc.org</a> or text 1-888-910-1551
<b>Hope Box Canada</b>	Register to have a free, Christian faith-based care package delivered to your door.	<a href="http://www.hopeboxcanada.ca">www.hopeboxcanada.ca</a>
<b>Pregnancy and Infant Loss Awareness Day</b>	The October 15th campaign raises awareness, provides resources and information, and hosts events for families who have experienced a pregnancy or infant loss.	<a href="http://www.october15.ca">www.october15.ca</a>
<b>PregnancyED</b>	Website with information and resources for anyone experiencing early pregnancy bleeding and/or loss, with specific information on what to expect and when to go to the Emergency Department.	<a href="http://www.pregnancyed.com">www.pregnancyed.com</a>
<b>Now I Lay Me Down to Sleep (NILMDTS)</b>	Remembrance photography and/or professional retouching of photographs, provided by local photographers. Usually for 22 weeks gestation and greater; some exceptions apply.	<a href="http://www.nowilaymedowntosleep.org">www.nowilaymedowntosleep.org</a>
<b>Additional Item</b>	Description here	Website address here

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**\*\*To print to a PDF, select "Save as PDF" from your printer list choice and save to your documents\*\***